

THE COVID-19 PROTOCOL

on prevention of the spread of the new coronavirus infection SARS-COVID-19 during the Finswimming World Championship, Tomsk 2021, Sport Diving World Championship, Tomsk 2021 and The 6th International University Finswimming Competition, Tomsk 2021

General Provisions

The new coronavirus infection SARS-COVID-19 epidemic safety and prevention measures for the participants of the Finswimming World Championship, Tomsk 2021, Sport Diving World Championship, Tomsk 2021, and The 6th International University Finswimming Competition, Tomsk 2021 (hereinafter referred to as the “Competition”): athletes, judges, coaches, official representatives, and technical personnel (hereinafter referred to as the “Participants”) shall be ensured in compliance with the requirements of the “Regulations for the Organization and Holding of Official Athletic and Sporting Events in the Territory of the Russian Federation in the Context of Persistence of Risks Related to Distribution of the Novel Coronavirus Infection (COVID-19)” approved on July 31, 2020, by The Ministry of Sport of the Russian Federation and The Russian Federal Service for Surveillance on Consumer Rights Protection and Human Wellbeing (as amended and supplemented on August 19, 2020) and in compliance with the Sanitary and Epidemiological Rules SP 3.1.3597-20 “Prevention of the Novel Coronavirus Infection (COVID-19)”. The Protocol was developed based on the best practices of epidemic safety measures in holding international competitions of the 2021 season.

To minimize the risk of spread of COVID-19 during the Competition, the collaboration of national federations, athletes, officials, and technical personnel of the Participants’ accommodations and sports facilities is of crucial importance. Therefore, CMAS and the Competition Organization Committee expect all the participants to consistently adhere to this Protocol.

I. Arrival to the Russian Federation.

During crossing the border, all the persons arriving from other countries by any transport shall fill in a questionnaire according to the established form and provide a negative COVID-19 PCR test certificate (in English or Russian) issued no more than 72 hours before crossing the border.

II. Arrival to the City of Tomsk and Hotel Transfer

- Using face masks for all the persons arriving at the Competition is mandatory at all times.

- Representatives of the Organization Committee shall meet the participants while maintaining the social distance, and accompany them to official transportation vehicles. Using other transports is prohibited. Transportation vehicles should not be occupied to more than 50% of their full capacity.

- Participants will be transported to the hotel. Non-contact temperature screening is conducted at the entrance.

III. Hotel Stay

- Maximum 3 persons per one hotel room. The roommate will automatically be considered as a close contact in case of disease symptoms in any person.

- The rooms shall be cleaned in accordance with the sanitary standards and rules set for hotels to prevent the spread of the novel coronavirus infection COVID-19.

- Hotel rooms are provided with hygiene products and disinfectants.

- Catering shall be provided strictly in accordance with the schedule. During meals, social distancing rules shall be observed. Face masks may only be removed during meals. Before meals, hands shall be treated with a sanitizer. If a person is diagnosed with the disease later on, all other persons who shared the table shall be considered contact persons.

- Hotel management shall provide premises for isolation and temporary observation of persons suspected to have COVID-19.

- All the Competition participants are not allowed to leave the accommodation and competition zones, except for participation in the organized activities not related to contacts outside the tested group.

- Teams may be provided with a separate conference room for meetings with observing social distancing standards and wearing face masks.

IV. Transportation of Participants to the Venues for Official Events, Trainings, and Starts of the Competition.

- Transport vehicle drivers shall be tested

- Drivers shall wear face masks. Seats around the driver shall stay free.

- Buses shall be filled to a maximum of 50% of their capacity. An organization representative shall keep control over the boarding.

- During transportation, the Competition participants shall use protective equipment (face masks) and keep social distancing.

- After transportation, the vehicle shall be disinfected in line with the requirements of the Russian Federal Service for Surveillance on Consumer Rights Protection and Human Wellbeing (“Rosпотребнадзор”).

V. Accreditation of participants

- Before accreditation, the Competition participants, coaches and representatives of international delegations shall, in accordance with the schedule provided by the Organization committee, pass thermometry and medical examination by a competition physician.

- One representative per team shall be admitted for accreditation.

- During accreditation, the Competition participants shall use protective equipment (face masks) and keep social distancing.

- **In case of necessity** conditioned by the epidemiological situation at the Competition venue, in compliance with official orders or recommendations of the territorial bodies authorized for the state sanitary and epidemiological surveillance, **the Competition participants shall provide the results of testing for the novel coronavirus infection COVID-19 by the polymerase chain reaction (PCR) method** (in English or Russian) obtained not more than 72 hours prior to the first day of the Competition*, to the admission committee.

*The following is considered to be the first day of the Competition:

- Finswimming World Championship: July 3, 2021;

- Sport Diving World Championship: July 8, 2021

- International University Finswimming Competitions: July 7, 2021.

During accreditation, each Competition Participant having been vaccinated or having been infected with the coronavirus infection COVID-19 shall provide a document in English or Russian (a medical certificate, an extract from the medical record history, a vaccination certificate) on the vaccination received or the past disease.

VI. Trainings and competitions

- During the entire period of the Competition, sports facilities shall be used exclusively for training and competitions. Other activities with the participation of unauthorized persons are prohibited.

- Teams shall arrive at the sports facilities in accordance with the training and warm-up schedule as set by the Competition organizers.

- Accredited Competition Participants, as well as spectators upon approval of the territorial body authorized for the federal state sanitary and epidemiological surveillance, shall be

allowed to the sports facilities.

- Competition organizers shall maintain the grandstand is filled to the maximum of 50% of the capacity.
- Non-contact temperature screening shall be conducted at the entrance. If persons with signs of the disease are detected, they shall be accompanied to the medical center of the sports facility.
- In changing rooms, athletes stay within the area designated for each team, keeping social distancing and using personal protective equipment.
- Athletes and coaches stay in the grandstand and other specially designated zones of the sports facility in accordance with the zoning concept, in order to minimize interactions between different participants of the Competition.
- Participants, team representatives, coaches, judges, and other Competition personnel shall use personal protective equipment, except for presence at the pool bowl (and for athletes, coaches, volunteers, and judges).

VII. Official events

- Official events include the award ceremony, Competition opening and closing ceremonies, press conferences, media events, interviews, team representative meetings, judge panels, and technical commissions.
- During official events, the Competition participants shall use protective equipment (face masks) and keep social distancing.
- The award ceremony shall be held using protective equipment and maintaining social distance.
- Only one team representative from the participating federation may attend the meeting. The Competition participants shall use protective equipment (face masks) and keep social distancing (1.5 m)

VIII. Pre-start and Start Zones

- Athletes shall be located in the swim waiting zone keeping the social distance. Athletes shall wear face masks before entering the start zone.
- Volunteers responsible for clothing baskets and buckets of water in the pool shall wear face masks outside the pool bowl. Clothing baskets are disinfected after each use.
- Water buckets in the start zone will be filled with water from the pool. The free chlorine concentration in swimming pools 0.8 to 1.5 mg/L is capable of preventing the spread of COVID-19.
- Judges in the pre-start zone and in other premises of sports facilities shall always wear face masks (except when they are at the pool bowl).
- During the Competition, no coaches and team representatives are allowed (in the pre-start and start zones, except for warm-up).
- In the warm-up zone, athletes and coaches are positioned within the area designated for each team, keeping social distancing.

IX. Anti-Doping Control Zone

- When performing the doping control sampling, athletes and doping control inspectors shall follow the instructions “On Safety Measures in the Preparation and Performance of the Doping Control Sampling Procedure under an Unstable Epidemiological Situation in the Context of Persistence of Risks Related to the Spread of COVID-19” (https://rusada.ru/news/anti-doping/razrabotannye-mery-po-provedeniyu-protsedury-doping-kontrolya-v-usloviyakh-covid-19-skorrektirovany-/?sphrase_id=115079)
- Before starting the work, doping control inspectors and chaperones (hereinafter referred to as “DCI”) shall measure body temperature. DCI with any signs of ARVI or increased body temperature shall not be allowed on the mission.

- DCI shall use personal protective equipment (PPE): respirators, disposable gloves, disposable shoe covers, disposable gowns are allowed.
- An athlete arriving at the doping control station shall be provided with disposable protective equipment: gloves, medical masks, and a supply of hand sanitizers. A new personal pen is offered to each athlete for signing the protocols. Athletes are allowed to use their own protective equipment and pens.
- Disposable personal protective equipment shall also be provided to athletes' representatives.
- Before sampling, the external surfaces of the equipment packages as well as PPE equipment shall be treated by disinfectant spraying
- Upon completion of the doping control procedure, the DCI shall treat the surface for the doping control procedure and transportation bags for biomaterial containers by disinfectant spraying
- After completing the procedure, the athletes shall treat their hands with a sanitizer or wash them with soap; take off the used PPE in accordance with the instructions, and dispose of it in a plastic bag offered by the DCI; re-wash/sanitize hands after touching the removed PPE.
- DCI shall ensure that all used items/debris are placed in appropriate bags for biological wastes.

X. Coaches

- Coaches can accompany athletes during warm-up and training.
- Coaches shall use personal protective equipment everywhere, with the exception of presence at the pool bowl during training and warm-ups (evaporation of chlorinated water reduces the airborne virus-spreading risk).
- Only personal whistles and equipment shall be used.

XI. Spectators, Volunteers, Technical and Other Personnel

In the competition area, all of the listed categories shall use personal protective equipment (face masks) and maintain social distancing during the entire stay at sports facilities. Personnel and spectators are only allowed to stay in the zones of their duties or specially designated areas.

XII. Medical personnel

- Medical personnel (physicians, massage therapists) can provide medical assistance only to members of their delegation, except in cases of giving first aid under life-threatening conditions.
- The epidemiological safety measures in the provision of medical care shall be in line with the requirements provided for by the legislation of the Russian Federation.
- All cases of seeking medical help shall be recorded in the appropriate log.

XIII. Detecting persons with suspected COVID-19

- Each team participating in the Competition shall specify a person responsible for observation of the COVID-19 protocol. This person shall cooperate with the head physician of the competition in the event of COVID-19.
- Non-contact temperature screening is conducted when participants enter the sports facility and the hotel.
- If the participants of the Competition have any symptoms including fever, cough, shortness of breath, muscle pain, difficulty breathing, sore throat, diarrhea, vomiting, rheum, loss of taste, loss of smell, they shall immediately inform the person responsible for observing the COVID-19 protocol, team physician, chief physician of the competition.
- If COVID-19 is suspected, PCR testing shall be carried out. Testing shall be carried out at the

expense of the person suspected of COVID-19 or funds of their national federation.

- In case the PCR test is positive, a person with the suspected COVID-19 shall be isolated for at least 14 days.
- Competition Participants in contact with a COVID-19 suspected person (living in the same room) shall also be subject to isolation.
- Isolation may be provided at the place of temporary or permanent stay in case of a mild course of the disease. Participants with severe symptoms will be transported by an ambulance team to a specialized hospital.
- All expenses connected with the stay in quarantine or hospital treatment shall be paid from the participants' personal funds or other funds.

XIV. Departure from the country

During the competition, the Competition organizers shall ensure the possibility to pass the PCR test for all Competition participants, if it is necessary for them to return to the country of residence. The cost of one PCR test is 40 EUR.

XV. Responsibility for violations

- In case of non-compliance with the Protocol and the regulations of the federal state sanitary and epidemiological surveillance, which resulted in a worsening of the epidemiological situation, the local government may apply additional restrictions in agreement with CMAS, up to the early closure of the Competition.
- In the event of mass infection of COVID-19 or mass quarantine in any of the teams, this team shall be suspended from participation in the Competition.
- For violations of the Protocol entailing the payment of fines, the national federation having committed such a violation shall compensate the Organizers for the amount paid.
- CMAS has the right to consider issues of disciplinary measures against Federations violating the Protocol.

The Protocol is subject to change if the epidemiological situation in the Russian Federation or Tomsk Oblast changes. The participating countries will be timely informed on the changes in the Protocol no later than 7 days before the start of the competition.

This Protocol is mandatory and shall be observed by all participants of the Competition.